

Notes from clients:

“Your name has been popping up all over the place. From clients who swear you are the best.”

S.W., Easton, PA

“It is a blessing to be able to share and confirm. Thanks for your helping me to stay focused.”

S.K., Kresgeville, PA

“Thank you ... to someone who touches the world with her own special magic.”

C.J., Elverson, PA

“Just wanted to thank you Judy for being here for me – you shed wonderful insight and guidance.”

R.C., Stroudsburg, PA

“Thanks for the great phone session. Great help!”

W.F., Olivebridge, NY

“Thank you for all your help in these recent weeks ... I'm holding on!”

L.D., Wescosville, PA

JUDY CHARLA, C.Ht.

CERTIFIED HYPNOTHERAPIST
PARAPSYCHOLOGIST
REIKI MASTER
ASTROLOGER
PSYCHIC READINGS
EDUCATIONAL NEW AGE
MERCHANDISE

www.judycharla.com



FOR APPOINTMENT OR
INFORMATION CALL

610-791-6412

Allentown, PA

www.judycharla.com

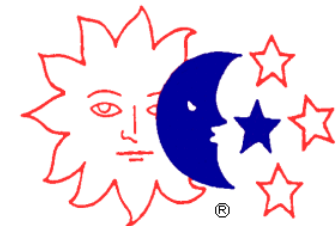
JUDY CHARLA

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**Parapsychologist
Reiki Master**



***Weight Loss Programs
Stop Smoking Programs***



National Guild of Hypnotists
Hypnosis Information Network
National Federation of Hypnotists

Judy Charla, a popular Certified Hypnotherapist with 25 years experience, is well known for her **AFFORDABLE** hypnosis programs. Ms. Charla has had a high degree of success with her Stop Smoking programs, having assisted hundreds of chronic long time smokers to a renewed life style free from smoking. Keeping weight stable or even losing weight while stopping smoking is incorporated into the sessions.

Judy is experienced with other self-improvement programs including weight loss, developing meditative skills, and past life regressions. Sessions can be designed to fit the special needs of an individual or group.

Private sessions are \$50.00 and are about 45 minutes to an hour long. Most people need one to four visits depending on their program. A family member or friend may sit in with you during a session if you wish.

WHAT IS HYPNOSIS?

What Hypnotism is: Hypnotism is a method of mental programming. It is an altered state of consciousness much like daydreaming or being “lost in thought”. When induced by a series of suggestions designed to relax you, your unconscious mind is more receptive to ideas and instructions and more able to recall memories.

What Hypnotism is NOT: Hypnotism is not sleep. It is not unconsciousness. It is not a giving up of control. You will always be awake, but in such a physically relaxed state that you will just want to stay where you are.

How Hypnotism can help you: Hypnotism can be used for reducing stress, stopping smoking, losing weight, committing to exercise, increasing self confidence, overcoming fears or compulsions, meditating, time regressions and much more!

Group and private programs and courses can be designed to meet your specific needs. Call for information:

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